

m
e
n
u

ooo
ooo
ooo
BENTO B
JAPANESE DINER



メニュー



SOUP

スー

Miso Soup

170ml



₹259

Miso (fermented soy) broth, wakame, green onions, tofu

Dumpling Soup

200ml



₹349

Handmade dumplings with broth

with chicken



₹359

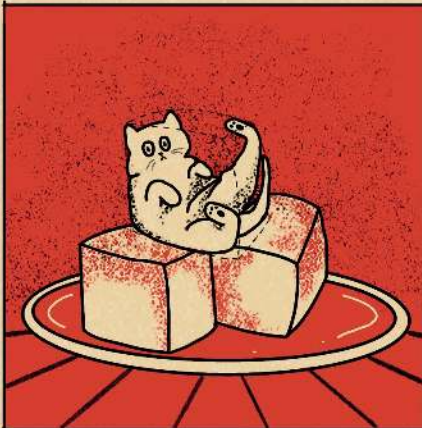
Seafood Miso

200ml



₹389

Miso broth, prawns and squid



Agedashi Tofu

240g



Delicately fried silken tofu, ginger, scallions in a tempura sauce

Vegetarian

₹399



Non Vegetarian

₹419

Cooked with bonito (fish) flakes

Gyoza

220g



Vegetarian

₹359



Non Vegetarian

₹419

Minced chicken stuffing



Vegetarian



Non Vegetarian



Gluten Free



Jain Friendly



Vegan



Contains Egg

			
<i>Kakiage Tempura</i>	200g	<i>Edamame</i>	175g
A melange of ingredients, fried in a seasoned tempura batter		Japanese soy beans	   
<i>Shredded Vegetables</i>	 ₹409	<i>Spiced and Pan Grilled</i>	₹339
<i>Seafood</i> Prawns or Ika (cuttlefish)	 ₹489	<i>Salted and Steamed</i>	₹339
<i>Spicy Prawn Tempura</i>	 ₹469	<i>Warm Mushroom Salad</i>	
<i>Tori nu Karaage</i> Fried boneless chicken	  ₹409		
		Mushroom and assorted vegetables served on crunchy lettuce	
<i>Japanese Potato Salad</i>		<i>Vegetarian</i>	  ₹359
		<i>Non Vegetarian</i>	  ₹419 Chicken, blanched and seasoned
<i>Mashed Potato</i> With creamy Mayo	  ₹289		
With boiled eggs	  ₹299		

	SuShi			
	巻き寿司	Summer it up with our Sushi menu and enjoy an assortment of authentic and contemporary maki (rolls). All our sushi are served with gari (pickled ginger), wasabi and soy sauce		まきずし
Avocado cream cheese maki Avocado, cream cheese	8 pieces		₹689	
Green beans tempura maki Tempura stuffed with green beans	8 pieces		₹649	
California maki Avocado, cucumber, sesame seeds	8 pieces		₹649	
Oshinko maki Japanese pickles	8 pieces		₹609	
Sushi boat All four vegetarian maki	16 pieces		₹1059	
Chicken maki Chicken Katsu	8 pieces		₹669	
Ebi tempura maki Fried Prawn	8 pieces		₹799	

			
		Not a big fan of maki? Try our nigiri preparations that combine a pillow of vinegared rice with different toppings	
Avocado	8 pieces	   	₹709
Shiitake Mushroom	8 pieces	  	₹739
Takuan Nigiri	8 pieces	  	₹569
Maki Boat Maki - 4 pieces each of Chicken, Prawn & Cooked Salmon	12 pieces	 	₹1419



弁当		A Bento Box is a home-packed family meal (or tiffin) of Japanese origin. Outside Japan, it is common in Chinese, Taiwanese and Korean cuisines, as well as in South Asian cuisines. A traditional Bento contains rice or noodles, often with pickled and cooked vegetables in a box. Containers are hand-crafted lacquerware and Japanese homemakers often spend time and energy on carefully prepared box lunches for their spouses, children or themselves		べんとう	
Yaki Udon Bento Yoki udon noodles, tempura, potato salad, teriyaki eggplant		  	600g	₹789	
Teppanyaki Bento Garlic rice, gyoza, avocado salad, pickled radish		  	600g	₹819	
Tori Karaage Bento Boneless fried chicken, Hiyyayoko (chilled tofu in soy broth), steamed rice		 	600g	₹839	
Ebi Tempura Bento Fried prawns, potato salad, Agedashi tofu, steamed rice with tempura sauce			600g	₹919	
Buta Shogayaki Pan grilled pork belly, mushroom salad, steamed rice		 	600g	₹969	



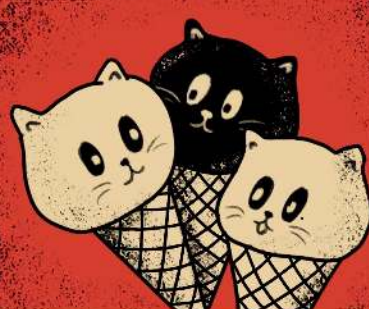
All our Bento Boxes are served with miso soup, pickles and cut fruits

		Donburi Donburi are filling rice bowls. We serve all our donburi in a kaiseki plate with miso soup, pickles and cut fruits	
Tofu Yasai Don Steamed rice, sauteed vegetables, tofu	   	500g	₹719
Ebi Tendon Steamed rice, fried prawns, teriyaki sauce		500g	₹819
Tori Katsu Don Steamed rice, chicken breast katsu, our chef's special katsu sauce, poached egg	 	500g	₹789

		Ramen	
Kimchi Ramen Ramen noodles, kimchi, Bok choy, mushrooms, spring onion	   	400g Add Chicken	₹669 ₹689
Miso Ramen Ramen noodles, vegetables, mushrooms & miso broth	    	400g Add Chicken	₹649 ₹689
Tonkotsu Ramen Ramen noodles, vegetables, pork slices, miso broth	 	400g	₹719
Gyoza Ramen Ramen noodles, 2 gyozas, vegetables, miso broth		400g	₹699

		RICE And NOODLES 御飯 麵	
Yaki Udon/Soba Noodles Sauteed vegetables with Yaki Udon / Soba Noodles	  	400g	₹499
	 Eggs / Add Chicken or Prawns		₹509 / ₹589
Cold Soba Noodles Cold Soba served with a strong mirin, sake and soy sauce	   	250g	₹449
Japanese Fried Rice/Edamame Fried Rice The classic fried rice with vegetables, prepared in a traditional and non-spicy way. Also available with edamame.	   	280g	₹389/₹469
	 Add pan grilled chicken		₹419/₹489
	 Add prawns		₹519/₹559

 魚 FISH 魚		
Grilled sea bass A filet of sea bass with seasoned vegetables	250g	 
Tare (Teriyaki sauce preparation)		₹659
Shio (plain salted preparation)		₹609



Dessert

デザート

All our ice creams are homemade

Goma ice cream	Black sesame	☒ ☐ ☐	₹359
Matcha ice cream	Green tea	☒ ☐ ☐	₹359
Tempura ice cream	Vanilla in a tempura	☒	₹359
Japanese cheesecake	Fluffier and lighter than the American cheesecake	☐	₹389

 飲み物 BEVERAGE 飲み物		
Fresh juice	Watermelon/ABO	₹199/₹299
Soft drinks/Energy drink		₹109 / ₹269
Non alcoholic beer		₹269
Kombucha		₹239
Mineral Water		MRP



Our food is mildly spiced and takes some time to cook. We thank you for your patience. All prices are in INR and exclusive of GST.

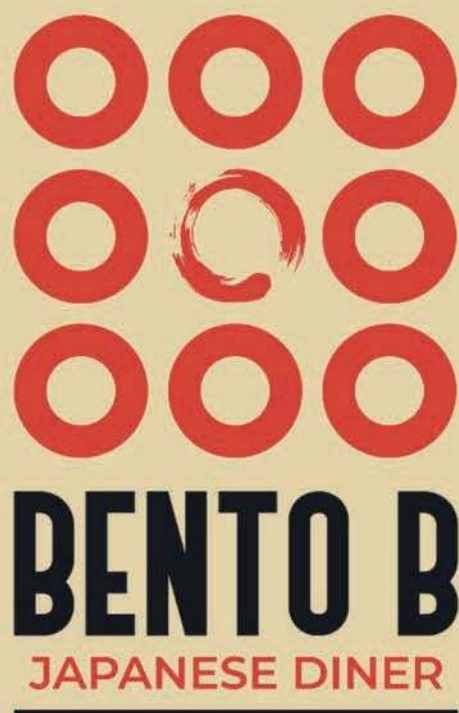




Chef Specials

Katsu Curry Rice	Vegetarian Non Vegetarian	  	₹669 ₹769
Curry Udon/ Soba	Vegetarian Non Vegetarian	 	₹519 ₹559
Omu Rice	Chicken/Pork	 	₹619/₹649
Vegetable Tendon	Vegetarian	  	₹659
Stir Fry Mushroom Basil Rice Noodles	Vegetarian Non Vegetarian	   	₹519 ₹569
Tori Karaage Salad	Non Vegetarian	 	₹399
Creamy Miso Ramen	Vegetarian Non Vegetarian	   	₹669 ₹719





Phone : 75748 21077 / Email : bentob.baroda@42point1.com
Website : <https://bentob.in/>